**Weekly Schedule Template**

**August 10, 2022**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |
| 06:00 AM |  |  |  | 06:00 AM |  |  |
| 07:00 AM |  |  |  | 07:00 AM |  |  |
| 08:00 AM |  |  |  | 08:00 AM |  |  |
| 09:00 AM |  |  |  | 09:00 AM |  |  |
| 10:00 AM |  |  |  | 10:00 AM |  |  |
| 11:00 AM |  |  |  | 11:00 AM |  |  |
| 12:00 PM |  |  |  | 12:00 PM |  |  |
| 01:00 PM |  |  |  | 01:00 PM |  |  |
| 02:00 PM |  |  |  | 02:00 PM |  |  |
| 03:00 PM |  |  |  | 03:00 PM |  |  |
| 04:00 PM |  |  |  | 04:00 PM |  |  |
| **Wednesday** |  |  |  | **Thursday** |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 06:00 AM |  |  |  | 06:00 AM |  |  |
| 07:00 AM |  |  |  | 07:00 AM |  |  |
| 08:00 AM |  |  |  | 08:00 AM |  |  |
| 09:00 AM |  |  |  | 09:00 AM |  |  |
| 10:00 AM |  |  |  | 10:00 AM |  |  |
| 11:00 AM |  |  |  | 11:00 AM |  |  |
| 12:00 PM |  |  |  | 12:00 PM |  |  |
| 01:00 PM |  |  |  | 01:00 PM |  |  |
| 02:00 PM |  |  |  | 02:00 PM |  |  |
| 03:00 PM |  |  |  | 03:00 PM |  |  |
| 04:00 PM |  |  |  | 04:00 PM |  |  |
| **Friday** |  |  |  | **Saturday** |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 06:00 AM |  |  |  | 06:00 AM |  |  |
| 07:00 AM |  |  |  | 07:00 AM |  |  |
| 08:00 AM |  |  |  | 08:00 AM |  |  |
| 09:00 AM |  |  |  | 09:00 AM |  |  |
| 10:00 AM |  |  |  | 10:00 AM |  |  |
| 11:00 AM |  |  |  | 11:00 AM |  |  |
| 12:00 PM |  |  |  | 12:00 PM |  |  |
| 01:00 PM |  |  |  | 01:00 PM |  |  |
| 02:00 PM |  |  |  | 02:00 PM |  |  |
| 03:00 PM |  |  |  | 03:00 PM |  |  |
| 04:00 PM |  |  |  | 04:00 PM |  |  |

**Tuesday**

**Monday**